

IV. Failure to Thrive Formulas (for children at least 12 months of age)

Hypercaloric formulas and medical foods are available for infants and children who have been assessed to be failing to thrive. Prescribed items may be issued by WIC if the participant has a medical condition which precludes or restricts the use of conventional foods and necessitates the use of a formula. ***The medical foods are not to be authorized solely for the purpose of enhancing nutrient intake or managing body weight if the participant is able to eat conventional foods adequately.***

Hypercaloric infant formula prescriptions may include:

- regular formula mixed to a higher caloric density
- formula with standard dilution which is >20 calories per ounce

All hypercaloric formulas and recipes for a hypercaloric dilution must be prescribed by a licensed health care provider prior to issuance. According to WIC Federal Regulations (7 CFR, Part 246), monthly formula issuance amounts are based on participant age, feeding choice if participant is <12 months (partially breastfed or fully formula fed) and form of formula (powder, concentrate, ready to feed). Partially breastfed infants needing supplemental formula may receive a maximum of one can of powdered formula in the first 30 days of life, and will have monthly issuance tailored according to individual need throughout the rest of the first year. WIC maximum formula issuance amounts for all age groups, infant feeding choices and forms of formula are included for each item listed.

For WIC participants who are enrolled in the MaineCare program:

- ***Hypercaloric formulas*** will be provided by WIC up to the federal maximum issuance per month. Any medically necessary amounts needed over WIC's federal maximum will be provided by MaineCare.

If the infant is not enrolled in MaineCare:

- The Maine CDC WIC Nutrition Program will provide the formula in amounts not to exceed the federal maximum issuance per month.

Prescriptions for these formulas must include:

- **specific product requested**
- **diagnosis**
- **length of time the product is needed**
- **amount prescribed per day**

Health care providers may use the ***Maine CDC WIC Nutrition Program/MaineCare Request/Prior Authorization for Medical Formula/WIC-Eligible Nutritionals*** form to obtain approval and prior authorization for MaineCare coverage. **This form must be sent to the local WIC office in order for MaineCare to approve coverage of the formula prescribed.**

Failure to Thrive—Child Formulas					
Product Name	Description	Packaging	Composition	Indications	Maximum Monthly WIC Issuance Amounts
Boost Kid Essentials (Nestlé Nutrition)	Nutritionally complete formula for increased nutrient needs. May be used as oral feeding or as tube feeding. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Low Residue Kosher	Ready to Feed liquid: 8.25 oz drink boxes, 16 drink boxes/case (vanilla, chocolate) NDC: Vanilla: 00212-3351-13 Chocolate: 00212-3352-13 Strawberry: 00212-3353-13	CHO: sucrose, maltodextrin (all); fructose (chocolate flavor) PRO: sodium and calcium caseinates, whey protein concentrate FAT: high oleic sunflower, soybean oils, and MCT oils Contains vitamins and minerals Prepared dilution: 29 kcal/fl. oz. Osmolality = 550 mOsm/kg H ₂ O (vanilla) 600 mOsm/kg H ₂ O (chocolate) 570 mOsm/kg H ₂ O (strawberry)	Nutritional management of children age 1-13 who have high energy and nutrient needs	Children
					RTF 8.25 oz. 110 drink boxes
Boost Kid Essentials 1.5 (Nestlé Nutrition)	Nutritionally complete formula when higher caloric concentration is needed. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Low Residue Kosher	Ready to Feed liquid: 8 oz drink boxes, 27 drink boxes/case (vanilla, chocolate, strawberry) NDC (individual boxes): Vanilla: 43900-0335-40 Chocolate: 43900-0335-88 Strawberry: 43900-0335-90	CHO: maltodextrin, sucrose PRO: sodium and calcium caseinates, whey protein concentrate FAT: soybean, high oleic sunflower oils, and MCT from coconut and/or palm kernel oil Contains vitamins and minerals Prepared dilution: 45 kcal/fl. oz. Osmolality = 390 mOsm/kg H ₂ O	Nutritional management of children age 1-13 with high energy demands who require volume restriction	Children
					RTF 8 oz. 113 drink boxes
Boost Kid Essentials 1.5 with Fiber (Nestlé Nutrition)	Nutritionally complete formula when higher caloric concentration and fiber source is required. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Kosher	Ready to Feed liquid: 8 oz drink boxes, 27 drink boxes/case (vanilla) NDC: 00212-3350-13	CHO: maltodextrin, sugar, partially hydrolyzed guar gum, soy fiber PRO: sodium and calcium caseinates, whey protein concentrate FAT: soybean, high oleic sunflower, MCT from coconut and/or palm kernel oil Fiber: 9gm/liter (soluble fiber, soy fiber) Contains vitamins and minerals Prepared dilution: 45 kcal/fl. oz. Osmolality = 405 mOsm/kg H ₂ O	Nutritional management of children age 1-13 with high energy demands who require volume restriction and a source of fiber.	Children
					RTF 8 oz. 113 drink boxes

Failure to Thrive—Child Formulas					
Product Name	Description	Packaging	Composition	Indications	Maximum Monthly WIC Issuance Amounts
Compleat® Pediatric (Nestlé Nutrition)	Tube feeding formula containing real food ingredients for children Suitable for lactose intolerance (not for those with galactosemia) Gluten Free	Ready to Feed liquid: 8.45 (250 mL) cartons, 24 cartons/case NDC: 43900-0142-40	CHO: brown rice syrup, fruit and vegetable ingredient blend including tomato paste, green bean powder, peach puree, carrot powder, cranberry juice concentrate PRO: dehydrated chicken powder, milk protein concentrate, pea protein isolate FAT: canola and MCT oils Fiber: 2 g/250 mL from pea fiber, gum acacia, FOS, inulin, fruit and vegetable ingredient blend Contains vitamins and minerals Prepared dilution: 30 kcal./fl.oz. Osmolality = 400 mOsm/kg H ₂ O	For children age 1 – 13 with long-term tube feeding needs. Not suitable for children with galactosemia.	Children
					RTF: 8.45 oz. 107 cans
Compleat® Pediatric Reduced Calorie (Nestlé Nutrition)	Tube feeding formula containing real food ingredients for children Suitable for lactose intolerance Gluten Free	Ready to Feed liquid: 8.45 (250 mL) cartons, 24 cartons/case NDC: 43900-0380-74	CHO: fruit and vegetable ingredient blend including green bean powder, tomato paste, peach puree, cranberry juice concentrate, carrot powder, and brown rice syrup PRO: dehydrated chicken powder, milk protein concentrate, pea protein isolate FAT: canola and MCT oils Fiber: 2.5 g/250 mL from pea fiber, gum acacia, FOS, inulin, fruit and vegetable ingredient blend Contains vitamins and minerals Prepared dilution: 17.75 kcal./fl.oz. Osmolality = 310 mOsm/kg H ₂ O	For children age 1 – 13 with long-term tube feeding needs. Not suitable for children with galactosemia.	Children
					RTF: 8.45 oz. 107 cans

Failure to Thrive—Child Formulas

Product Name	Description	Packaging	Composition	Indications	Maximum Monthly WIC Issuance Amounts	
Nutren Junior® (Nestlé Nutrition USA)	Complete nutritional formula for children which may be used for oral or tube feeding. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Low Residue Kosher	Ready to Feed liquid: 8.45 (250 mL) cartons, 24 cartons/case NDC: 0065-9043-70	CHO: maltodextrin, sugar PRO: milk protein and whey protein concentrates FAT: soybean, canola and MCT (coconut and/or palm kernel) oils Contains vitamins and minerals Prepared dilution: 30 cal./oz Osmolality = 350 mOsm/kg H ₂ O	For children ages 1-10 with cancer, HIV/AIDS, pre- or post-surgery, neurological disease or impairment, multiple fractures, anorexia/weight loss.	Children	
					RTF 8.45 oz	107 cans
Nutren Junior® Fiber (Nestlé Nutrition USA)	Complete nutritional formula with fiber for children ages 1-10 which may be used for oral or tube feeding. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Kosher	Ready to Feed liquid: 8.45 fl.oz. cartons, 24 cartons/case (vanilla) NDC: 0065-9045-70	CHO: maltodextrin, sugar, PRO: milk protein and whey protein concentrates FAT: soybean, canola, MCT (Coconut and/or Palm Kernel) oils Fiber: 1.5g/8.45 fl.oz. from pea fiber, fructooligosaccharides, inulin Contains vitamins and minerals Prepared dilution: 30 cal./oz Osmolality = 350 mOsm/kg H ₂ O	For children ages 1-13 who need nutrition support for bowel management, growth failure, malnutrition or tube feed needs	Children	
					RTF 8.45 oz.	107 cans
PediaSure Grow & Gain (Abbott Nutrition)	Complete nutrition medical food which can be used for oral or tube feeding for children 1-13 years of age. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Low Residue Kosher Halal	Ready to Feed Liquid: 8 oz. bottles, 6 bottles/package, 4-six packs (24 bottles)/case (vanilla, chocolate, strawberry, banana, berry) NDC per 6-pack: Vanilla— 70074-0580-50 Chocolate— 70074-0580-59 Strawberry— 70074-0580-56 Banana — 70074-0580-53 Berry— 70074-0538-19	CHO: sucrose, corn maltodextrin, Short-Chain Fructooligosaccharides (scFOS) PRO: milk protein concentrate, soy protein isolate, pea protein concentrate FAT: high oleic safflower, canola, and tuna oils Contains vitamins and minerals Prepared dilution: 30 cal./fl. oz. Osmolality= 490 mOsm/kg H ₂ O (vanilla, strawberry, banana, berry) 540 mOsm/kg H ₂ O (chocolate)	Children 1-13 years of age needing a total nutrition <u>or</u> supplemental medical food which is gluten and lactose-free. Not intended for children <12 months of age.	Children	
					RTF 8 oz.	113 bottles

Failure to Thrive—Child Formulas						
Product Name	Description	Packaging	Composition	Indications	Maximum Monthly WIC Issuance Amounts	
PediaSure Grow & Gain with Fiber (Abbott Nutrition)	Complete nutrition medical food with fiber which can be used for oral or tube feeding for children 1-13 years of age. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Kosher Halal	Ready to Feed Liquid: 8 oz. cans, 24 cans/case (vanilla) NDC for 6-pack: Vanilla-- 70074-0580-62 Strawberry—70074-0563-69	CHO: sucrose, corn maltodextrin, Short-Chain Fructooligosaccharides, soy fiber PRO: milk protein concentrate, soy protein isolate FAT: high oleic safflower, canola, and tuna oils Fiber: 3 grams/8 oz. Contains vitamins and minerals Prepared dilution: 30 cal. /fl. oz. Osmolality= 490 mOsm/kg H ₂ O	Children 1-13 years of age needing a total nutrition or supplemental medical food which is gluten and lactose-free and contains fiber. Not intended for children <12 months of age.	Children	
					RTF 8 oz.	113 cans
Pediasure® 1.5 Cal (Abbott Nutrition)	Complete nutrition medical food for oral or tube feeding for children 1-13 years of age who require higher caloric concentrated feedings. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Kosher Halal	Ready to Feed Liquid: 8 oz. cans, 24 cans/case (vanilla) NDC: 70074-0564-10 (individual cans)	CHO: corn maltodextrin PRO: milk protein concentrate FAT: high oleic safflower, soy and MCT, C.Cohnii oils Contains vitamins and minerals Prepared dilution: 43.75 cal./fl. oz. Osmolality= 370 mOsm/kg H ₂ O	Children 1-13 years of age needing a higher calorie total nutrition, who are at risk of malnutrition or have fluid restriction. Not intended for children <12 months of age.	Children	
					RTF 8 oz.	113 cans
Pediasure® 1.5 Cal with Fiber (Abbott Nutrition)	Complete nutrition medical food with fiber which can be used for oral or tube feeding for children 1-13 years of age. Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Kosher Halal	Ready to Feed Liquid: 8 oz. cans, 24 cans/case (vanilla) NDC: 70074-0564-12	CHO: corn maltodextrin, short-chain fructooligosaccharides, oat and soy fiber PRO: milk protein concentrate FAT: high oleic safflower, soy and MCT, C.Cohnii oils Fiber: 3 grams/8 oz. Contains vitamins and minerals Prepared dilution: 43.75 cal. /fl. oz. Osmolality= 390 mOsm/kg H ₂ O	Children 1-13 years of age needing a higher calorie total nutrition, who are at risk of malnutrition or have fluid restriction. Not intended for children <12 months of age.	Children	
					RTF 8 oz.	113 cans

Failure to Thrive—Child Formulas					
Product Name	Description	Packaging	Composition	Indications	Maximum Monthly WIC Issuance Amounts
Pediasure Sidekicks® (Abbott Nutrition)	Complete nutrition formula for children for both oral and tube feeding uses Suitable for lactose intolerance (not for those with galactosemia) Gluten Free Kosher Halal	<u>Ready to Feed:</u> 8 oz. bottles, 16 bottles/case (vanilla, chocolate, strawberry) NDC: Vanilla: 70074-0564-17 Chocolate: 70074-0564-20 Strawberry: 70074-0564-23	CHO: sucrose, short-chain fructooligosaccharides PRO: milk protein concentrate, soy protein isolate, whey protein concentrate FAT: soy oil Fiber: 3 grams/8 fl. oz Contains vitamins and minerals Prepared dilution: 18.75 cal. /fl. oz. Osmolality: 420 mOsm/kg H ₂ O	Children 1-13 years of age who need supplemental nutrition. Not intended for children <12 months of age.	Children
					RTF 8 oz. 113 bottles
PediaSure® Enteral Formula 1.0 Cal (Abbott Nutrition)	Complete nutrition medical food for tube feeding Suitable for lactose intolerance Gluten Free Kosher Halal	<u>Ready to Feed Liquid:</u> 8 oz. cans, 24 cans/case (vanilla) NDC: 70074-0518-05 (individual cans)	CHO: corn maltodextrin, sucrose PRO: milk protein concentrate FAT: high oleic safflower, soy and MCT oils Contains vitamins and minerals Prepared dilution: 30 cal. /fl. oz. Osmolality= 335 mOsm/kg H ₂ O	Children 1-13 years of age needing a total nutrition tube feeding Not intended for children <12 months of age.	Children
					RTF: 8 oz. 113 cans
PediaSure® Enteral Formula 1.0 Cal with Fiber (Abbott Nutrition)	Complete nutrition medical food for tube feeding Suitable for lactose intolerance Gluten Free Kosher Halal	<u>Ready to Feed Liquid:</u> 8 oz. cans, 24 cans/case (vanilla) NDC: 70074-0518-07 (individual cans)	CHO: corn maltodextrin, sucrose, short-chain fructooligosaccharides, oat fiber, soy fiber PRO: milk protein concentrate FAT: high oleic safflower, soy and MCT oils Fiber: 3grams/8 fl. oz Contains vitamins and minerals Prepared dilution: 30 cal./fl. oz. Osmolality= 350 mOsm/kg H ₂ O	Children 1-13 years of age needing a total nutrition tube feeding with fiber Not intended for children <12 months of age.	Children
					RTF: 8 oz. 113 cans